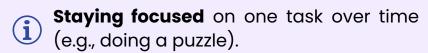
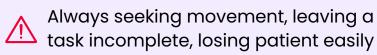
TYPES OF ATTENTION & TRAINING FOCUS



SUSTAINED ATTENTION





Focus training on task completion and self-control ability to executive functioning and impulsivity



2 | FOCUSED ATTENTION

Responding to one specific thing (e.g., a sound or image, when name being called).



- Doesn't respond immediately when their name is called
- Misses the start of instructions or takes longer to "tune in" to lessons.
- Looks like disconnected or unresponsive at first.
- Needs extra time or prompts when a task begins or to notice what others are doing
- Doesn't respond when spoken to unless the adult repeats
- Help children increase their ability to notice, orient to and respond to a specific stimulus at the start of an interaction or task



Filtering distractions — listening to the teacher despite classroom noise.

Being curious at everything, showing inadequate ability to screen out less important input or information

Environmental modification - minimise distractions; implement auditory training

*key early skill that supports language and social development.

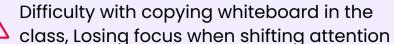
Shared focus between two people on the same object or event (e.g., a child follows a parent's gaze to a plane in the sky).

Common in children with ASD, following a point, not making eye contact, or not showing toys or objects to others.

Use face-to-face play, modeling pointing, respond to the child's focus, and encourage shared experiences (e.g. turn-taking, looking at the same object together).



Switching between tasks (e.g., listening, then writing).



Use **visual supports** like arrows or highlight lines to guide attention, help the child practice shifting focus smoothly



DIVIDED ATTENTION



Handling two things at once (e.g., talking while tying shoes, finding the piano keys while reading the score).

Perform well on one task but struggle in busy, multitasking environments. Appear overloaded or slow to respond.

Focus on **multitasking training** for a short amount of time. Teach and implement coping strategies